

SPRINGFIELD FINANCIAL RACING TEAM Open 10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials Under their Rules and Regulations on Saturday 10th August 2024 at 18:01hrs

Course L1015 – LEVENS: Timekeeper: Tracy Moore
Assist T/keeper: Peter Jack
First Rider – 18:01hrs

Event Headquarters

Numbers & signing in/out sheet will be available in the layby on Nannypie Ln, Sizergh, Kendal LA8 8DZ.

Please **RETURN** your number after your ride & remember to **SIGN OUT**.

Do not park outside the Strickland Arms.

Please allow 10 minutes to ride to the start. From the HQ- follow the road back to the A590, turn left to the RAB encircle and ride back up the A590 to the Start (**DO NOT PASS THE START YOU WILL BE DISQUALIFIED**).

N.B. A FRONT WHITE LIGHT & REAR RED LIGHT ARE NOW REQUIRED.

NO LIGHTS = NO RIDE

We will be hosting this event for charity. Instead of giving out prizes, we will make a charitable donation at the end of the season.

Course Details L1015:

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'.

Proceed along the A590 in a south-westerly direction to encircle the roundabout on Lindale by-pass (5.243 miles).

Retrace along the A590 to **FINISH** in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 miles).

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road user

CTT Regulation 15 Helmets:

All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard.

Regulation 17: Signing-on Sheet and Signing-Out Sheet:

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing-Out Sheet

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 10

Course L1015, L2524 & L308 – warming up on the course is not permitted during the duration of the event.

Local Reg No 12

No parking on the car park or on the frontage of the Strickland Arms.

Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

1	Brian	Moore	The Tricycle Association - North Western Region	Open	Veteran
2	David	Tulett	Kendal Cycle Club	Open	Senior
3	Gail	Paterson	Newton Stewart Triathlon Club	Female	Veteran
4	John	Leach	Rossendale RC	Open	Veteran
5	Michael	Cox	North Lancashire Road Club	Open	Veteran
6	Peter	Macklam	Yorkshire Road Club	Open	Veteran
7	Lyndsey	Blair	Ayrodynamic Triathlon Club	Female	Veteran
8	Robin	Shedden	Wrekinsport CC	Open	Veteran
9	Steve	Donaldson	Fullarton Wheelers	Open	Veteran
10	Stephen	Glenwright	VTTA (Merseyside)	Open	Veteran
11	Rebecca	Rimmington	Tactic UK WRT	Female	Veteran
12	Louise	Hamilton	Zurbaran Racing	Female	Veteran
13	Chris	Scaife	Zurbaran Racing	Open	Veteran
14	Lucy	Morley	Velotik Racing Team	Female	Senior
15	Sandra	Burrows	Vive Le Velo	Female	Veteran
16	Simon	Myerscough	Ribble Valley C&RC	Open	Veteran
17	George	Lipscomb	Manchester Triathlon Club	Open	Veteran
18	Alex	Mcphee	Dooleys RT	Open	Veteran
19	Peter	Rowe	Kent Valley RC	Open	Veteran
20	Sue	Cheetham	North Lancashire Road Club	Female	Veteran
21	Derek	Unsworth	Bolton Clarion CC	Open	Veteran
22	Phil	Barnes	SheHair Racing Team	Open	Veteran
23	Howie	Buckingham	Allen Valley Velo	Open	Veteran
24	Nick	Higginson	Cleveleys Road Club	Open	Veteran
25	Andrew	Sawyer	Barrow Central Wheelers	Open	Veteran
26	Janet	Fairclough	Liverpool Phoenix CC (Aintree)	Female	Veteran
27	Colin	Jones	VTTA (Manchester & NW Group)	Open	Veteran
28	Tony	Johnston	Barrow Central Wheelers	Open	Veteran
29	Samantha	Howard	Mersey Tri	Female	Veteran
30	Andrew	Vaughan	City RC (Hull)	Open	Veteran
31	Andrew	Newey	Ribble Valley C&RC	Open	Senior
32	Brian	Morrell	Dumfries CC	Open	Veteran
33	Karen	Bailey	East Lancashire RC	Female	Veteran
34	Theresa	Taylor	Springfield Financial Racing Team	Female	Veteran
35	Darren	Howarth	Kent Valley RC	Open	Veteran
36	Harry	Bradshaw	Islington Cycling Club	Open	Senior
37	Christopher	Maffei	360cycling	Open	Veteran
38	Steve	Burrows	Vive Le Velo	Open	Veteran
39	Alexandra	Noonan	Team VC	Female	Senior
40	Joanna	Cebat	360cycling	Female	Veteran
41	Mike	Westmorland	Border City Whs CC	Open	Veteran
42	Dougi	Hall	Border City Whs CC	Open	Veteran
43	Karl	Mason	Clitheroe Bike Club	Open	Veteran
44	Lily	Brindle	Brother Uk - Team OnForm	Female	Junior
45	Deb	Hutson-Lumb	Wrekinsport CC	Female	Veteran
46	Esther	Wong	Cog Set Papyrus	Female	Junior
47	Thomas	Percival	Velo Club Cumbria	Open	Youth
48	Sam	Leng	AIMS Cycling	Open	Senior
49	Simon	Phillips	VTTA North Lancs and Lakes Group	Open	Veteran
50	Stuart	Phillipson	Velo Club Cumbria	Open	Veteran
51	Randle	Shenton	Border City Whs CC	Open	Veteran
52	Alistair	Woodman	Legato Racing Team (LRT)	Open	Veteran
53	Beth	Macrae	Jadan Vive Le Velo	Female	Senior
54	Michael	Summers	Team Wheelguru	Open	Veteran
55	Malcolm	Steer	Zurbaran Racing	Open	Veteran

56	Josef	Murray	Protech Velo	Open	Senior
57	Tom	Ward	Sowerby Sunday Club	Open	Senior
58	David	Tobin	Manchester Wheelers	Open	Veteran
59	James	Meldrum	Mersey Tri	Open	Veteran
60	Sharon	Clifford	SheHair Racing Team	Female	Veteran
61	Patrick	Healy	Buxton CC/Sett Valley Cycles	Open	Veteran
62	Mark	Jones	360cycling	Open	Veteran
63	Richard	Bowditch	Congleton CC - MyWindsock	Open	Veteran
64	Sam	Witter	Congleton CC - MyWindsock	Open	Senior
65	Mark	Rowland	Selby CC	Open	Veteran
66	Alex	Critcher	Team Wheelguru	Open	Veteran
67	Jacob	Leigh	trainSharp	Open	Espoir
68	Christopher	Beaty	GS Metro	Open	Veteran
69	Graeme	Jardine	Bute Wheelers	Open	Veteran
70	Peter	Greenwood	Clayton Velo	Open	Veteran
71	Steven	Hankey	Warrington Road Club/Horton Light Engineering	Open	Veteran
72	Stuart	Mccormick	Chester RC	Open	Veteran
73	Simon	Woodliff	Ayr Burners Cycling	Open	Veteran
74	Jude	Davison	Beacon Wheelers	Open	Espoir
75	Stephen	Spellacy	Newton Stewart Triathlon Club	Open	Veteran
76	Harry	Nolan	trainSharp	Open	Senior
77	Robin	Gillespie	Beacon Wheelers	Open	Veteran
78	Russell	Marsden	Pendle Forest CC	Open	Veteran
79	Ray	Wilson	GTR - Return To Life p/b Streamline	Open	Veteran
80	Adrian	Dent	Team Ohten Aveas	Open	Veteran
81	Roy	Nield	East Lancashire RC	Open	Veteran
82	Dave	Nolan	trainSharp	Open	Veteran
83	Paul	Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Open	Veteran
84	Davey	Allanson	360cycling	Open	Youth
85	Duncan	Park	North Lancashire Road Club	Open	Veteran
86	Simon	Horsley	Legato Racing Team (LRT)	Open	Veteran
87	Steve	Smales	Harrogate Nova CC	Open	Veteran
88	Michael	Sloanes	Team VC	Open	Senior
89	Peter	Lindfield	Velotik Racing Team	Open	Veteran
90	Mark	Parsons	Team ASL-Bolton	Open	Veteran
91	Ashley	Steventon	Royal Air Force Cycling Association	Open	Senior
92	Joe	Hands	GTR - Return To Life p/b Streamline	Open	Veteran
93	David	Flux	Kent Valley RC	Open	Veteran
94	Dan	Kendall	Rock to Roll CC	Open	Senior
95	Stephen	Boxall	Houghton CC	Open	Veteran
96	Tom	Davies	Velotik Racing Team	Open	Senior
97	Matt	Hill	Zurbaran Racing	Open	Veteran
98	John	Fiddies	HIVE Racing	Open	Veteran
99	Jon	Sturman	Border City Whs CC	Open	Veteran
100	David	Gleave	Velo Club Cumbria	Open	Veteran
101	Ste	Bolton	Giant-Kendal-Sidas.uk	Open	Senior
102	Philip	Kennell	GS Metro	Open	Veteran
103	Kris	Whitelaw	Vector Racing	Open	Veteran
104	Paul	Braithwaite	Pendle Forest CC	Open	Veteran
105	David	Thompson	Rock to Roll CC	Open	Veteran
106	Keith	Murray	Darlington Cycling Club	Open	Veteran
107	Alastair	Ribbands	Congleton CC - MyWindsock	Open	Veteran
108	Joe	Beech	Preston Whs	Open	Senior
109	Chris	Booth	Giant-Kendal-Sidas.uk	Open	Senior
110	Adam	Baker	Royal Air Force Cycling Association	Open	Senior
111	Jason	Bateman	Pendle Forest CC	Open	Veteran

112	Chris	Humphries	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Open	Veteran
113	Rob	Graham	GTR - Return To Life p/b Streamline	Open	Senior
114	Richard	Bideau	Pendle Forest CC	Open	Veteran
115	Ben	Wiggins	Team Bottrill	Open	Espoir
116	Grant	Bigham	HUUB WattShop	Open	Senior
117	Tristan	Pilling	360cycling	Open	Senior
118	George	Peden	Team PB Performance	Open	Senior
119	Josh	Charlton	Hetton Hawks CC	Open	Espoir
120	Simon	Wilson	HUUB WattShop	Open	Veteran